Acromioplasty In Rotator Cuff Repairs – To Do Or Not To Do

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Acromioplasty is a procedure which is being performed in increasing trend each year. Even though it is originally thought to arise from an extrinsic origin, rotator cuff tears are now believed to be caused by internal derangement in the cuff itself, which is the intrinsic theory behind rotator cuff pathology.

Evidence supporting both theories are abundant, unfortunately not many of these are Level 1, high quality studies. Nevertheless, there are still some clinical conditions that may require acromioplasty to be performed in the setting of rotator cuff repair procedures.