

## Speaker's Profile.

**7th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) & Malaysian Arthroscopy Society (MAS) Annual Scientific Meeting / Annual General Meeting 2019**

**17<sup>th</sup> to 19<sup>th</sup> October 2019 (Conference Days)**

**Shangri-La Hotel Kuala Lumpur, Malaysia**

***Theme : Knee & Shoulder Arthroscopy – The ASEAN Flavour***

Panelist for our forum. The details are as follows :

Date : **17<sup>th</sup> October 2019**

Time : **1345 - 1400 hrs**

Session : **Symposium 1B.2 - Sports Medicine: Upper Limb**

Topic : **Rotator Cuff Tendinopathy - Management Strategy**

(15 minutes)



### **Arshad Puji, M.D.**

MBBS (Malaya), MSpMed (Malaya), CMIA (NIOSH)

**Consultant Sports Medicine**

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Dr Arshad obtained his medical degree from University of Malaya (M.B.B.S) in 1998. After acquiring his Masters of Sport Medicine from University Malaya in 2007, he works at Arthroscopy and Sport Injury Unit (ASIU) in Kuala Lumpur Hospital since 2007 until 2016. He is a Visiting Consultant Sport Medicine since 2014 and later appointed as Medical Director of Sport Medicine Division, at the National Sport Institute of Malaysia.

He has vast experience working together with Sports Orthopaedics Surgeon in managing traumatic and sports related injury cases. The case varies from acute, repetitive and chronic injuries until complex cases that require surgical repair, reconstruction or realignment and later on rehabilitation.

Being a Consultant in National Sport Institute of Malaysia, he has the opportunity to work together with Sport Medicine team in treating and managing the Malaysian athletes that require specific needs and high level of precision. Due to his is passion and dedication especially working with elite athletes, he has been entrusted by National Sports Institute to lead the medical team as a Chief Medical Officer for SEA Games Myanmar 2013, ASIA Games Incheon 2014, SEA Games Singapore 2015, Olympic Games Rio 2016, SEA Games KL2017 and ASIA Games Jakarta Palembang 2018.

Dr Arshad has a special interest in musculoskeletal ultrasound. He works with Musculoskeletal Radiologist in organizing few musculoskeletal ultrasound workshops at national and international conferences for past few years. Presenting both nationally and internationally around the topic of sports medicine and rehabilitation; he is also embarking on multi-centre clinical trials on patellofemoral studies and hamstring injury related studies. He has co-authored scientific publications that are a testimony to his clinical and research interest.