

Organised by:



# 7<sup>th</sup> Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and Malaysian Arthroscopy Society (MAS) Annual Scientific Meeting / Annual General Meeting 2019

Theme:

## Knee & Shoulder Arthroscopy - The ASEAN Flavour



16th October 2019 (Pre-Conference Workshops)  
17th to 19th October 2019 (Conference Days)



Shangri-La Hotel Kuala Lumpur, Malaysia

### Conference Secretariat:

Malaysian Arthroscopy Society (MAS)  
c/o Medical Conference Partners  
4, Lengkongon Jenjarom, Taman Seputeh,  
58000 Kuala Lumpur, Malaysia.

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Fax : +603 6207 6795

Email : [secretariat@my-arthroscopy.com](mailto:secretariat@my-arthroscopy.com)

**Closing Date: 30th June 2019**

Submit your abstracts for the Azmi Abdul Latif Award (Oral Presentation) or Best Poster Presentation Award.

**CALL FOR  
ABSTRACTS**

## ▶ WELCOME MESSAGE FROM PRESIDENT OF MALAYSIAN ARTHROSCOPY SOCIETY (MAS)

Dear Colleagues,

Coming into 2019, the Malaysian Arthroscopy Society (MAS) has spent the last six years improving on and bringing awareness to the value of arthroscopic surgery to our country. We continue in realising our society's goals to promote, encourage, support and foster through continuing medical education functions; the development and dissemination of knowledge in the discipline of arthroscopic surgery to improve upon the diagnosis and treatment of diseases and injuries of the musculoskeletal system.

I would like to take this opportunity to show gratitude to ASSA for entrusting our society with the task of hosting this year's regional conference. It is with great pleasure that I invite you to join us at the Combined Meeting of the 7th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and 7th Malaysian Arthroscopy Society Annual Scientific Meeting 2019 happening from 17th to 19th October 2019. This year's meeting will be focused on the Knee and Shoulder in the context of how injuries and surgeries are managed within a South-East Asian context. The Organising Committee, under the leadership of Col (R) Dr Azmi Abdul Latif and Assoc Prof Dr Mohd Nizlan Mohd Nasir are working tirelessly in putting together a comprehensive and extensive scientific programme that would benefit your practice, no matter where you are from.

We are proud to share our beloved city of KL with you this year. We believe you are bound to have a wonderful time with your family outside the conference hours, experiencing the best of food and fun that the city has to offer. I can't think of a better occasion to experience both business and leisure that won't take you too far away from home.

I look forward to having you join us in Kuala Lumpur in October!

Warm Regards,

**Brig Gen Dato' Dr Mohammad Amirrudin Hamdan**  
President  
Malaysian Arthroscopy Society  
2017 - 2019

## ▶ WELCOME MESSAGE FROM ORGANISING CHAIRMAN OF 7TH ASSA-MAS ASM 2019

I would like to welcome each and every member of the Arthroscopy fraternity from Malaysia and our neighbouring regions, including Trainees and Allied Health Professionals to join us at the Combined Meeting of the 7th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and 7th Malaysian Arthroscopy Society Annual Scientific Meeting 2019.

We appreciate the feedback we have received over the years in regard to our annual conference and have focused on fine-tuning the meeting to suit our local communities, while at the same time maintaining international meeting standards. This year, the theme we have chosen focuses on South-East Asian approach to Knee and Shoulder arthroscopy, popular areas for sports surgery in our countries. From the committee's experience and as seen in international arthroscopy meetings, these areas are experiencing rapid advancements. As such, we hope to provide you with sessions that ideally encompass the latest findings and updates on the specific areas in relation to Knee and Shoulder surgery. With the expertise of our very own Assoc Prof Dr Mohd Nizlan Mohd Nasir as Scientific Chairman for the upcoming meeting, I believe you will be provided with a great selection of lectures that we hope inspires your practice.

Kuala Lumpur is a city that provides a brilliant platform for such an event to be held. You will not only receive an education during this period, but also be able to enjoy the fascinating sights and sounds that this city has to offer, from the modern Petronas Twin Towers to the breathtaking limestone hills of Batu Caves. With the evolving traditions and modernisation on display in KL, it is a fitting location to have this meeting, which propagates a similar ideal that each of our ASEAN capital cities share.

I hope you will join us on this journey of learning in Kuala Lumpur. You will not want to miss the exciting and insightful experiences that lie ahead.

Best Regards,

**Col (R) Dr Azmi Abdul Latif**  
Organising Chairman  
7th ASSA-MAS ASM 2019

## ▶ MALAYSIAN ARTHROSCOPY SOCIETY COUNCIL MEMBERS

<b>President</b>	Brig Gen Dato' Dr Mohammad Amirrudin Hamdan
<b>Vice President</b>	Dr Ng Wuey Min
<b>Secretary</b>	Assoc Prof Dr Mohd Nizlan Mohd Nasir
<b>Assistant Secretary</b>	Dato' Dr Badrul Akmal Hisham Md Yusoff
<b>Treasurer</b>	Brig Gen Datuk Dr Muhamad Fuad Daud
<b>Exco</b>	Dr Soon Chee Khian Dr Mohamad Razip Sirat
<b>Advisors</b>	Datuk Dr Mohd Asri Abd Ghapar Dr Hishamudin Masdar Prof Dr Wan Hazmy Che Hon
<b>Auditors</b>	Dr Shamsul Iskandar Hussein Col (R) Dr Kok Choong Seng
<b>Regional Representative</b>	Dr Harjeet Singh ( <i>Central</i> ) Brig Gen Dr Musa Kasmin ( <i>North</i> ) Dr Zulkifli Hassan ( <i>South</i> ) Dr Nik Mohd Fatmy Nik Mohd Najmi ( <i>East Coast</i> ) Dr Leong Wan Hee ( <i>East Malaysia</i> )

## ▶ 7th ASSA-MAS ASM 2019 ORGANISING COMMITTEE

<b>Organising Chairman</b>	Col (R) Dr Azmi Abdul Latif
<b>Co-Organising Chairman</b>	Dr Shamsul Iskandar Hussein
<b>Scientific Chairman</b>	Assoc Prof Dr Mohd Nizlan Mohd Nasir
<b>Scientific Committee</b>	Dr Ahmad Farihan Mohd Don Dr Azammuddin Alias Dr Harjeet Singh Dr Mohamad Razip Sirat Dr Mohd Zaidi Hj. Saleh Brig Gen Dr Musa Kasmin Dato' Dr Shahrulazua Ahmad Dr Soon Chee Khian Assoc Prof Dr Tengku Muzaffar Tengku Md. Shihabudin Dr Teo Seow Hui

## 7th ASSA-MAS ASM 2019 PROGRAMME OVERVIEW

	Wednesday (16 October 2019)		Thursday (17 October 2019)		Friday (18 October 2019)		Saturday (19 October 2019)	
	Pre-Conference Day		Day 1		Day 2		Day 3	
	Lecture Hall 1	Lecture Hall 2	Lecture Hall 1	Lecture Hall 2	Lecture Hall 1	Lecture Hall 2	Lecture Hall 1	Lecture Hall 2
0700 - 0730			Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	
0730 - 0800								
0800 - 0830			Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	Registration Counter Opens	
0830 - 0900			ICL 1	ICL 2	ICL 3	ICL 4	ICL 5	ICL 6
0900 - 0930			Opening Ceremony & Keynote Lecture		Plenary 1	Plenary 1	Plenary 3	
0930 - 1000			Tea Break & Exhibit Visit		Plenary 2	Plenary 2	Plenary 4	
1000 - 1030					Tea Break & Exhibit Visit			
1030 - 1045								
1045 - 1100			Symposium 1	Symposium 2	Symposium 9	Symposium 10	Symposium 13	Symposium 14
1100 - 1115								
1115 - 1130								
1130 - 1145								
1145 - 1200								
1200 - 1230			Lunch Symposium 1	Lunch Symposium 2	Lunch Symposium 3	Lunch Symposium 4		
1230 - 1300			Lunch Break & Exhibit Visit		Lunch Break & Exhibit Visit			
1300 - 1330								
1330 - 1400			Registration Counter Opens					
1400 - 1415								
1415 - 1430			Symposium 3	Symposium 4				
1430 - 1445					Symposium 11	Symposium 12		
1445 - 1500								
1500 - 1515			Symposium 5	Symposium 6	Azmi Abdul Latif Award Judging Session	Poster Award Judging		
1515 - 1530								
1530 - 1600								
1600 - 1615								
1615 - 1630								
1630 - 1645			Tea Break & Exhibit Visit		Tea Break & Exhibit Visit			
1645 - 1700								
1700 - 1715								
1715 - 1730								
1730 - 1745			Symposium 7	Symposium 8	MAS AGM			
1745 - 1800								
1800 - 1815								
1815 - 1830								
1830 - 1900								
1930 Onwards			Faculty Dinner (By Invitation Only)		Conference Dinner			

## ► REGISTRATION FEES

MALAYSIAN			
	MAS Member	Non-MAS Member	Masters Trainees
<b>Early Bird</b> (Before 15 <sup>th</sup> August 2019)	<b>RM 1,200</b>	<b>RM 1,350</b>	<b>RM 850</b>
<b>Regular</b> (16 <sup>th</sup> August - 30 <sup>th</sup> September 2019)	<b>RM 1,400</b>	<b>RM 1,550</b>	<b>RM 1,000</b>
<b>Onsite</b> (1st October 2019 onwards)	<b>RM 1,600</b>	<b>RM 1,750</b>	<b>RM 1,150</b>

\* MAS Member : Life / Ordinary/ Associate Members

\* Malaysian Non-MAS Member : Surgeons, Sports Physicians, Doctors, Allied Health Professionals

\* Malaysian Masters Trainees: In the field of Arthroscopy of Sports Surgery

INTERNATIONAL			
	Delegate ASSA Countries	Trainee ASSA Countries	Delegate Non-ASSA Countries
<b>Early Bird</b> (Before 15 <sup>th</sup> August 2019)	<b>USD 350</b>	<b>USD 250</b>	<b>USD 400</b>
<b>Regular</b> (16 <sup>th</sup> August - 30 <sup>th</sup> September 2019)	<b>USD 400</b>	<b>USD 300</b>	<b>USD 450</b>
<b>Onsite</b> (1st October 2019 onwards)	<b>USD 450</b>	<b>USD 450</b>	<b>USD 500</b>

## ► CONFERENCE VENUE

### Shangri-La Hotel Kuala Lumpur

11, Jalan Sultan Ismail,

50250 Kuala Lumpur, Malaysia.

Website: [www.shangri-la.com/kualalumpur/shangrila](http://www.shangri-la.com/kualalumpur/shangrila)

## ► WE WELCOME

- Orthopaedic Surgeons
- Sports Fellows
- Sports Physicians
- Masters Trainees
- Physiotherapists
- Nurses
- Medical Assistants

## ► EXHIBITOR ENQUIRY

To receive information regarding the sponsorship opportunities and exhibition for this conference, please contact the Conference Secretariat.

## ► MAS MEMBERSHIP

The registration price for MAS members is only applicable if your MAS membership is still valid. If your membership is no longer active, your conference registration will automatically be processed as a Non-MAS member.

Please contact the MAS Secretariat at +603 2276 0555 or [secretariat@my-arthroscopy.com](mailto:secretariat@my-arthroscopy.com) to check your membership status. If you wish to apply or renew your membership, you may download the form from the MAS website at [www.my-arthroscopy.com](http://www.my-arthroscopy.com).

## ► CALL FOR ABSTRACTS

The deadline to submit all abstracts is before **5.00pm, 30th June 2019, GMT +8**

### Abstract Submission Guidelines

Structure of abstract submission:

1. Title of abstract
2. Names of all authors
3. Details of affiliation of author(s); institution, city, country.

Abstract content should consist of:

1. Introduction
2. Materials & Method
3. Results
4. Discussion
5. Conclusion
6. References

Abstract submission is to be done online at our conference website.

The maximum number of words for abstract content is 350 words (excluding title, names and details of authors).

You may attach up to 3 figures including graphic and tables, etc. in each abstract submission.

Ensure that all changes, corrections and proof reading have been carried out before your submission. Once you have submitted, you will not be able to edit the information given.

Successful abstracts will be published in MAS website unless informed by the applicant that he/she does not want the abstract to be published.

### Abstract Review

All abstracts will be reviewed by the Scientific Committee.

The Committee reserves the rights to:

1. Select the abstracts relevant to the session.
2. Decide on the final form of presentation (Oral or Poster presentation).