

ORTHO
**ARTHROSCOPY &
ARTHROPLASTY**
UKIIHU



EAST COAST SHOULDER & ELBOW COURSE 2024

TIME
8AM
UNTIL 5PM

WEDNESDAY & THURSDAY
2 - 3
OCTOBER 2024

VENUE
**AUDITORIUM
SASMEC
@IIUM**



Prof. Dr. Kerem Bilsel
Acibadem Fulya Hospital,
Istanbul, Türkiye



Assoc. Prof. Dr. Mohd Nizlan Mohd Nasir
President, Malaysia
Arthroscopy Society
& Head of Sports Unit,
Hospital Sultan Abdul Aziz
Shah, UPM



Asst. Prof. Dr. Khairul Nizam Siron @ Baharom
International Islamic
University Malaysia

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TRAUMATOLOGY & REHABILITATION,
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DAY 1 (2 OCTOBER 2024 / WEDNESDAY)

TIME	PROGRAMME	SPEAKER
7.30 am	Registration	
8.00 am	Welcome Address by Chairman	TBD
8.10 am	Keynote Lecture: RSA Designs, Indications and Technical Tricks	Prof. Dr. Kerem Bilssel
TOPIC: SHOULDER INSTABILITY		
8.30 am	Anatomy and Biomechanics of the Shoulder	Dr. Muhammad Wafiuddin Ahmad
8.50 am	Approach to Shoulder Instability	
9.10 am	Managing Bone Loss in Shoulder Instability	Assoc. Prof. Dr. Mohd Nizlan Mohd Nasir
9.30 am	How Do I Do It: Arthroscopic Labral Repair/ Remplissage	Prof. Dr. Kerem Bilssel
9.50 am	Tips and Tricks in Mini Open Labral Repair	Prof. Dr. Aminudin Che Ahmad
10.10 am	How I Do It: Latarjet	Dr. Sazali Salleh
10.30 am	Tea Break	
10.45 am	Recurrent Instability After Bankart Repair-What Next?	Dr. Siti Hawa Tahir
11.05 am	Posterior Instability- Diagnosis, Classification and Surgical Strategy	Assoc. Prof. Dr. Mohd Nizlan Mohd Nasir
11.25am	Long Head of Biceps and Slap Tear Surgical Strategy	Asst. Prof. Dr. Khairul Nizam Siron@Baharom
TOPIC: ROTATOR CUFF		
11.45 am	Approach to Rotator Cuff Tear	Dato' Dr. Badrul Akmal Hisham Md Yusoff
12.05 pm	How Do I Do It: Arthroscopic Rotator Cuff Repair	Dr. Siti Hawa Tahir
12.25 pm	Tips and Tricks: Mini Open Rotator Cuff Repair	Prof. Dr. Aminudin Che Ahmad
12.45 pm	Acromioplasty: Pro and Cons	Assoc. Prof. Dr. Tg. Muzaffar Tg. Md Shihabudin
1.05 pm	Managing Massive Rotator Cuff Tear	Dato' Dr. Badrul Akmal Hisham Md Yusoff
1.25 pm	Lunch Talk	
2.00 pm	Superior Capsular Reconstruction: Is It Necessary?	Assoc. Prof. Dr. Teo Seow Hui
2.20 pm	Subscapularis Tear: Diagnosis and Surgical Management	Prof. Dr. Kerem Bilssel
2.40 pm	Treatment Strategy for ACJ Dislocation	Assoc. Prof. Dr. Tg. Muzaffar Tg. Md Shihabudin
3.00 pm	Rehabilitation in Labral and Rotator Cuff Repair	Dr. Muhammad Harith Rosdi
3.20 pm	Workshop Session: Labral & Rotator Cuff Repair	All
5.00 pm	Tea Break & Disperse	

DAY 2 (3 OCTOBER 2024 / WEDNESDAY)

TIME	PROGRAMME	SPEAKER
7.30 am	Registration	
TOPIC: ELBOW TRAUMA & ARTHROSCOPY		
8.00 am	To Retain or Replace: Proximal Humerus Fracture	Assoc. Prof. Dr. Mohd Nizlan Mohd Nasir
8.20 am	How I Do It: Reverse Shoulder Arthroplasty	Prof. Dr. Kerem Bilsel
8.40 am	Anatomy and Biomechanics of Elbow	Dr. Muhammad Wafiuddin Ahmad
9.00 am	Elbow Arthroscopy: Indication and Management	Dr. Arifaizad Abdullah
9.20 am	Stiff Elbow: Open or Arthroscopic Release	
9.40 am	Elbow Fracture Dislocation: Diagnosis & Classification	Asst. Prof. Dr. Khairul Nizam Siron@Baharom
10.00am	Tea Break	
TOPIC: ELBOW ARTHROPLASTY		
10.30 am	Role of Total Elbow Arthroplasty in Arthritic Elbow	Asst. Prof. Dr. Khairul Nizam Siron@Baharom
10.50 am	Total Elbow Replacement: How I Do It?	
11.10 am	Radial Head Excision vs Arthroplasty	Dr. Muhammad Wafiuddin Ahmad
11.30 pm	Distal Biceps Tendon Injury	Dr. Arifaizad Abdullah
11.50 pm	Rehabilitation in Elbow Surgery	Dr. Khairulina Khalid
12.10 pm	Lunch	
TOPIC: ELBOW TRAUMA		
2.00 pm	Workshop Session: Shoulder and Total Elbow Arthroplasty	All
4.00 pm	Masterclass Shoulder and Elbow	All
5.00 pm	Tea Break & Disperse	

DAY 1 (2 OCTOBER 2024)

PRACTICAL SESSION

Shoulder arthroscopy
(dry scope)



PRACTICAL SESSION

Sawbone / model for
labral and rotator cuff
repair



PRACTICAL SESSION

Practical on knots tying



DAY 2 (3 OCTOBER 2024)

PRACTICAL SESSION

Reverse/ hemi shouder
(sawbone)



PRACTICAL SESSION

Total elbow replacement
(sawbone)



MASTERCLASS SESSION

Clinical session with live
patient



EAST COAST SHOULDER & ELBOW COURSE 2024

COURSE FEES

EARLY BIRD PRICE (UNTIL 31 / 8 / 2024)

MALAYSIAN

SURGEON / SPECIALIST

RM 750.00

MEDICAL OFFICERS / HOUSE
OFFICERS / ALLIED HEALTH
PROFESSIONALS

RM 500.00

NORMAL PRICE (FROM 1 / 9 / 2024)

MALAYSIAN

SURGEON / SPECIALIST

RM 950.00

MEDICAL OFFICERS / HOUSE
OFFICERS / ALLIED HEALTH
PROFESSIONALS

RM 700.00

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