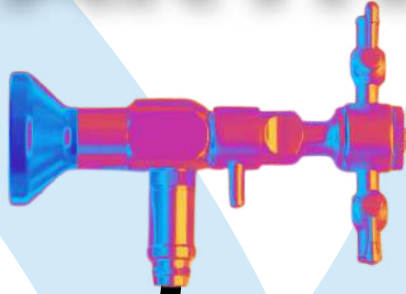
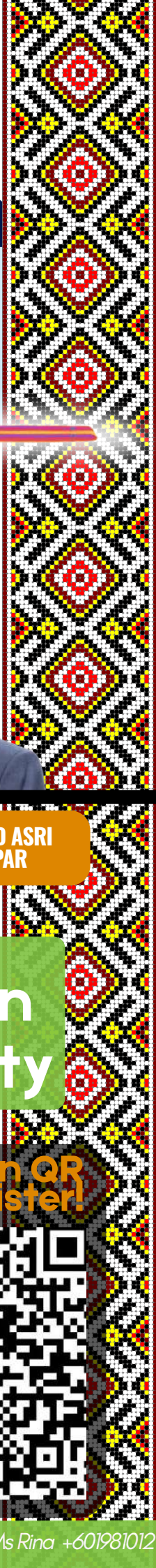




BORNEO ARTHROSCOPY COURSE 2026



**HOSPITAL QUEEN ELIZABETH 2
KOTA KINABALU, SABAH, MALAYSIA
1-3rd SEPTEMBER 2026**



MAJOR GENERAL DATO' DR MOHAMMAD AMIRUDDIN HAMDAN **DR SITI HAWA BINTI TAHIR** **DR LEONG WAN HEE** **DATUK DR MOHD ASRI ABDUL GHAPAR**

ORTHOPAEDIC CONSULTANTS, ARTHROSCOPY & SPORTS SURGEON



Theme :
**Restoration
of
Joint Stability**

DR SUMITHRA SANNASEY
CONSULTANT CLINICAL RADIOLOGIST **DR REDZAL BIN ABU HANIFAH**
CONSULTANT SPORTS PHYSICIAN

Course fees :

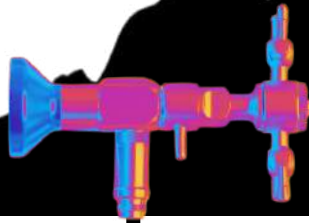
Malaysian delegates (RM) **International delegates (USD)**

***Early bird price till 31st May**

Registration close 15th August

Specialists	400* NP500	400* NP 500
Medical Officers	200* NP300	200* NP 300
Paramedics	100* NP200	100* NP 200





BORNEO ARTHROSCOPY

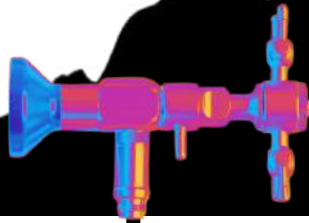
COURSE 2026

HQE 2, KOTA KINABALU
1-3rd SEPTEMBER 2026

Day 1 • 1st September 2026

- 0745 – 0815 Registration
- 0815 – 0845 Welcome Speech and Opening Ceremony
- 0845 – 0900 Group Photo
- 0900 – 0930 Breakfast
- 0930 – 1000 Shoulder Anatomy/Clinical and Shoulder Dislocation
- 1000 – 1030 Knee Anatomy/Clinical & Anterior Cruciate Ligament Injury
- 1030 – 1100 Imaging for Shoulder and Knee
- 1100 – 1145 Arthroscopic Bankart Procedure
- 1145 – 1230 Arthroscopic Anterior Cruciate Ligament Reconstruction
- 1230 – 1300 Pre-Op and Post-Op Rehabilitation
- 1300 – 1400 Lunch
- 1400 – 1530 Workshop (Anterior Cruciate Ligament, Graft, Knot Tying)
- 1530 – 1600 Tea Break
- 1600 – 1700 Pre-Op Round
- 1700 End of Day 1





BORNEO ARTHROSCOPY COURSE 2026

HQE 2, KOTA KINABALU
1-3rd SEPTEMBER 2026

Day 2 • 2nd September 2026

Doctors & OT Nurses

- 0745 - 0800 Registration & Breakfast
- 0800 - 1200 Live Surgery : Arthroscopic Bankart Procedure
- 1200 - 1300 Lunch
- 1300 - 1700 Live Surgery : Arthroscopic ACL Reconstruction
- 1700 End of Day 2

Assistant Medical Officers, Nurses, Physiotherapists

- 0845 - 0930 Registration & Breakfast
- 0930 - 1230 Post-Op Shoulder Rehab Workshop
- 1230 - 1330 Lunch
- 1330 - 1700 Post-Op ACL Reconstruction Rehab Workshop
- 1700 End of Day 2

Day 3 • 3rd September 2026

- 0800 - 0830 Registration & Breakfast
- 0830 - 1230 Post-Op Rounds
- 1230 - 1330 Lunch
- 1330 - 1530 Closing Ceremony
- 1530 End of Day 3

